

# USLA Regional Championships

## North West Regional Lifeguard Championship

Sand Harbor July 28, 2010

EVENT	EAST BAY	REDWOOD	SEATTLE	TAHOE	FREMONT	Event Total
Rescue Race	27	22	9	5	0	63
Surf Ski	40	91	5	19		
Swim	62	56	15	22	0	155
Rescue Board	60	52	39	10	0	161
R-S-P	66	49	26	17	0	158
4x100	27	20	22	8	0	77
International Iron M/W	50	71	0	24	0	145
Landline	17	22	7	5	0	51
Flags	68	19	49	31	0	167
RSQ Board RSQ	40	38	22	0	0	100
2k Run	30	47	16	16		109
<b>Totals</b>	<b>487</b>	<b>487</b>	<b>210</b>	<b>157</b>	<b>0</b>	<b>1186</b>

### Men

Kyle Maxwell	86	

### Women

Ann Marie Sharky	109	











